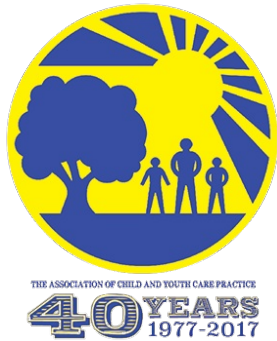


The Association for Child and Youth Care Practice, Inc.



THE CYC ADVOCATE

Our Mission: ACYCP's mission is to engage practitioners in building the child and youth care profession. We build collaborative partnerships, promote innovative training and education, shape public policy, and inform developmental practice through research and scholarship.

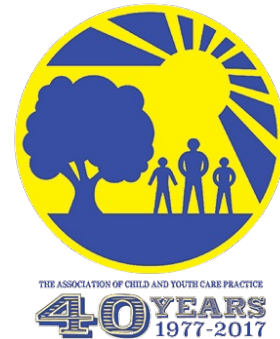
Our Vision: We envision a society which recognizes, understands, and supports the essential role of child and youth care work in ensuring the well-being and success of children, youth and families. ACYCP aspires to excel as an influential and innovative organization advancing child and youth care practice throughout the profession.

Now Happening

RESOLUTION

The Association for Child and Youth Care Practice (ACYCP) finds the United States government's policy to separate children from immigrant families as a coercive practice to deter illegal immigration in violation of the Code of Ethics as outlined in the Standards for Practice of North American Child and Youth Care Professionals as well as the United Nation's Convention on the Rights of the Child. Specifically, we condemn the following practices affecting children and families:

- The separation of children from their families as a deterrent to illegal immigration;
- The failure to return more than 1500 immigrant children to their families;
- Careless practices resulting in children being 'lost' in the system; and
- Inhumane and abhorrent conditions in detention centers housing immigrant children and youth.



In following these practices, the government of the United States is not only in violation of basic human rights, it is also knowingly and egregiously participating in practices that disrupt the healthy development of children, youth, and families. The failure to return children to their families is counter to decades of research on attachment, and the number of unaccounted for children is horrific, especially considering that these children likely disappeared into human trafficking circles.

Not only are these practices immoral, they are also inherently traumatic. Research indicates that traumatic events are especially deleterious to youth, resulting in lifelong, systemic problems related to health, the formation of healthy relationships, and the ability to engage as productive members of society. The United States, therefore, is enacting irrevocable

damage to the lifelong human capital for thousands of children and youth.

ACYCP serves as the United States' professional development association for child and youth workers and represents the United States to the International Federation of Educative Communities (FICE-USA), the world-wide body addressing the needs of children. We are at a loss of how to explain these uninformed, undue practices to our international colleagues.

We call on all Americans to recognize this emergency and honor our constitutional heritage to extend inalienable human rights and respect to all. To preserve these rights, it is the privilege and responsibility of all Americans to vote, and considering the matter at hand, voting has become a matter of professional responsibility for all child and youth workers and advocates for the healthy development of children and families. Not only is it our responsibility to vote, but we also need to inform the general public about the gravity of this situation as well as to educate youth and families on the importance of voting, including information on how to vote.

Let your voices be heard, lest these families' cries of pain and agony go unnoticed.

ACYCP Board of Directors, June 2018

The Science is Clear: Separating Families has Long-term Damaging Psychological and Health Consequences for Children, Families, and Communities



By Jean Rhodes, Ph.D.

[CYC Advocate Editor's Note: This article is re-printed with permission from the June 21, 2018 on-line issue of The Chronicle of Evidence-based Mentoring

[Rhodes'] Editor's Note: Given national events, and our field's commitment to the lives of vulnerable youth, I devote this week's column to an expert statement by from the Society for

Research on Child Development (SRCD) on the effects of separating families. To read the statement by David Shapiro, CEO of MENTOR, on behalf of the National Mentoring Partnership [go to], <https://chronicle.umbmentoring.org/david-shapiro-ceo-of-mentor-on-the-separation-of-children-from-families-at-the-u-s-border/>

Written by* Johayra Bouza, *University of Miami*, Daisy E. Camacho-Thompson, Ph.D., *Reach Institute & Arizona State University*, Gustavo Carlo, Ph.D., *University of Missouri*, Ximena Franco, Ph.D., *Frank Porter Graham Development Institute & University of North Carolina-Chapel Hill*, Cynthia Garcia Coll, Ph.D., *Albizu University*, Linda C. Halgunseth, Ph.D., *University of Connecticut*, Amy Marks, Ph.D., *Suffolk University*, Gabriela Livas Stein, Ph.D., *University of North Carolina-Greensboro*, Carola Suarez-Orozco, Ph.D., *University of California, Los Angeles*, and Rebecca M. B. White, Ph.D., *Arizona State University*

* Authors are listed in alphabetical order

After the United States Department of Justice announced the "Zero Tolerance Policy for Criminal Illegal Entry," Immigration and Custom Enforcement (ICE — an arm of the Department of Homeland Security) separated approximately 2,000 children from their parents in April and May 2018 as they approached the U.S. border. Children and parents were placed in separate facilities as they were being processed and were not told when or how they would be reunited. This policy and its consequences have raised significant

concerns among researchers, child welfare advocates, policy makers, and the public, given the overwhelming scientific evidence that separation between children and parents, except in cases where there is evidence of maltreatment, is harmful to the development of children, families, and communities. Family separations occurring in the presence of other stressors, such as detention or natural disaster, only adds to their negative effects.

Evidence on Harmful Effects of Parent-Child Separation □

The evidence that family separation is harmful dates back to studies on the effects of parent-child separations on children's well-being during World War II. This research documented far reaching effects of these separations into adulthood, including increased risk for mental health problems, poor social functioning, insecure attachment, disrupted stress reactivity, and mortality (Pesonen & Räikkönen, 2012; Rusby & Tasker, 2009; Mitrani, Santisteban, & Muir, 2004). Other research similarly documents the harmful effects of parental separation on child well-being in a variety of other child populations including children in Romanian orphanages (Zeanah, Nelson, Fox, et al., 2003), children in foster care (Flannery, Beauchamp, & Fisher, 2017) and children of incarcerated parents (Geller, Garfinkel, Cooper & Mincy, 2009; Miller, 2006). More recent work has documented the increased mental health risk faced by both parents and children when they are separated in the immigration process (Suarez-Orozco, Bang, & Kim., 2011; Rusch & Reyes, 2013). Parent-child separation has long-term effects on child well-being, even if there is subsequent reunification. After being separated, reunited children can experience difficulty with emotional attachment to their parents, self-esteem, and physical and psychological health (Smith, Lalonde, & Johnson, 2004; Gubernskaya & Debry, 2017). For some children, time does not appear to fully heal these psychological wounds (Shonkoff et al., 2012).

Parents Buffer Children from Adverse Effects of Toxic Stress □

Parental separation is considered a toxic stressor, an experience that engages strong and prolonged activation of the body's stress-management system (Bridgman, 2014). The physiological and psychological toll of early life stress, including parental separation, changes how the body responds to stress in the long term, disrupting higher-order cognitive and affective processes as well as negatively altering brain structures and functioning (Lupien, McEwen, Gunnar, & Heim, 2009; Pechtel & Pizzagalli, 2011; Kumar et al., 2014). Such stressors put children at greater risk for a multitude of health and psychological impairments, including anxiety, depression, post-traumatic stress disorder, lower IQ, obesity, immune system functioning, physical growth, cancer, heart and lung disease, stroke, and morbidity (Granqvist, Sroufe, Dozier, Hesse, & Steele, 2017; Heim & Nemeroff, 2001; Maniam, Antoniadis, & Morris, 2014; Pechtel & Pizzagalli, 2011; Shirtcliff, Coe, & Pollak, 2009; Taylor, 2010).

Children depend on their primary caretakers to successfully navigate stressful and traumatic events. Children's physiological responses to stress can be significantly reduced by access to their primary caretaker (Hostinar, Sullivan, & Gunnar, 2013). The separation of the family unit under extreme conditions of stress worsens the psychological and physiological ramifications of that stressor on children, especially younger children (Masten & Narayan, 2012). Conversely, ongoing contact with primary caregivers under conditions of stress can protect against risk (Rodriguez & Margolin, 2015).

Child-Separation from Parents Impacts Children at All Ages

Much of the research on family separation has focused on the impacts on children early in development. However, puberty is also an especially vulnerable time of rapid change (Doom & Gunnar, 2013). Stressors during adolescence can have lasting impacts — the effects of which may not become evident until adulthood — (Humphreys, Gleason, Drury, et al., 2015; Lupien, McEwen, Gunnar, & Heim, 2009). Further, the effects of traumatic experiences are cumulative; children and adolescents who have already faced previous adversity are particularly susceptible to long term further negative consequences (Brown, Anda, & Tiemeier, et al, 2009; MacKenzie, Bosk, & Zeanah, 2017). Thus, the research shows that across infancy, childhood, and adolescence, child-family separations can be related to negative outcomes across the lifespan.

Impact of Border Family Separations on U.S. Citizens □

There is also evidence that family separations harm U.S. citizens whose family members experience border detention or deportation. Parental separation increases the risk for these U.S. children's mental health problems such as anxiety, depression, behavior problems, and symptoms of post-traumatic stress disorder (Allen, Cisneros, & Tellez, 2015; Rojas-Flores, Clements, Hwang Koo, & London, 2017; Zayas, Aguilar-Gaxiola, Yoon, & Rey, 2015). U.S. citizens of Latino descent also report heightened worries and concerns for their families and their communities as a result of changes in implementation of immigration policies such as the Deferred Action for Childhood Arrivals (DACA) policy (Roche, Vaquera, White, & Rivera, 2018). Moreover, countries with supportive integration policies are more likely to have child populations with better overall health and mental health indicators than those with less supportive approaches (Marks, McKenna, & Garcia Coll, 2018). Thus, there is evidence that policies about parental separations can negatively affect American citizens.

The Policy Implications are Clear□

The scientific evidence is conclusive. Parent-child separations lead to a host of long-term psychological, social, and health problems that are not necessarily resolved upon reunification. In particular, the disruption of biological stress regulation mechanisms in the body induced by the need to seek refugee or asylum status are further taxed by the absence of parental support. The science is clear: policies that separate immigrant families upon entry to the U.S. have devastating and long-term developmental consequences for children and their families.

We thank the SRCD Latino Caucus for their contributions.

[READ MORE: Endnotes / References](#)

Advocacy In Action

Who Has the Time? And Other Questions on Nonprofit Advocacy



By David L. Thompson, Vice President of Public Policy, National Council of Nonprofits

[Editor's Note: *This article launches a NEW column for ACYCP on-line publications entitled **Advocacy In Action**, wherein we will feature CYC issues on which readers, as individuals and*

*organizations, can advocate for changes in policy, practices and legislation. This article is re-printed from the **Nonprofit Advantage** (July 2014) CONNECTICUT ASSOCIATION OF NONPROFITS. In addition, US CYC non-profits can access an IRS guide to advocacy by going to: <https://www.irs.gov/pub/irs-pdf/p4221pc.pdf>*

Photo credit: Herman Hooyshuur on www.freeimages.com.]

This spring, a prominent nonprofit leader said to an audience of people from public charities and private foundations: "Nonprofits have a duty to advocate on behalf of the people who have no voice, to demand social justice." Many in the audience nodded in agreement, others waited politely for him to get past his warm-up comments to get to something they hadn't heard before. One audience member was heard commenting softly, "Yeah, but who has the time?" To many of us, the "nonprofits ought to advocate" message, as delivered by the above leader and many others, is a mantra without meaning. Everyone says it – preaches it, actually – but very few embrace advocacy as core to advancing their missions. The ought-to-advocate message is akin to hearing that you need to learn a new language. There are plenty of good reasons: cultural appreciation, enhanced communications, reduced demographic tensions. But most of us have other priorities and those reasons don't push language learning to the top of the to-do list.

This is an article about nonprofit advocacy, but not of the “ought-to” variety. Instead, it relies on two bedrock principles to make the case for “every day advocacy,” which virtually all of us are already doing. The first principle is that we in the nonprofit community are driven by our mission, our values and our impact. Stated simply, mission is our motivation. The second fundamental truth is that we typically see ourselves as problem solvers, as solutions-oriented people, as optimists. We haven’t ended hunger and homelessness yet, but we keep at it, and we keep trying new ideas to get to the solutions that work. We know that a live performance of a classical work, or of a brand-new piece, will not only change a life, but also the world; we believe in the transformative power of art, and faith, education, community engagement and more.

Based on those principles, the answer to the question “who has the time” is ... each of us. That is partly because bad policies are forcing us to divert time away from our missions. And it is partly because we are already advocating for our missions every day. Recently released data from the Urban Institute brings these points home. Responses to a nationwide survey of nonprofits with government contracts and grants indicate that Connecticut is the second worst state in the nation (after Maryland and tied with Illinois) for governments imposing needlessly complex and time-consuming reporting requirements. Presumably this means that the time and aggravation that Connecticut nonprofit employees spend on monitoring, reporting and dealing with audits is greater than most other places in the United States. To this problem, the question really is not, ‘who has the time to advocate?’ The question is, ‘how much time could we save by working with governments to prevent duplicative audits, overlapping and inconsistent compliance procedures, retroactive imposition of reporting requirements, incompatible and inconsistent data collection and a lack of standardization that inject vagaries into an already complex process?’

Continuing with the Urban Institute data, Connecticut ranked as the third worst state (following Rhode Island and Wisconsin) in governments changing written contract or grant agreements once services commence. Mid-stream changes to contracts that governments previously signed and agreed to honor is vexing, in part because it often creates increased costs for nonprofits that are then not paid. Such changes take many forms, including cuts to agreed-upon payments, redefined eligibility for payments, instructions to perform additional or increased levels of service and new reporting and compliance requirements with no additional reimbursement for these added costs. The time spent adjusting, re-doing and fundraising as a result of mid-stream changes is time away from mission. Is it fair to demand this time of nonprofit employees? Most of us think it is not, and many are working to fix this recurring problem. One more data point worth noting: Connecticut ranks as the sixth worst state in which nonprofits report problems with governments failing to pay for the full cost of contracted services.

Perhaps the most problematic way this occurs is through the imposition of arbitrary caps on reimbursement of indirect costs (sometimes called overhead costs or administrative costs). More than three out of five (61 percent) Connecticut nonprofits responding to the Urban Institute survey reported that governments impose limits on general administrative and overhead costs. Of those, thirteen percent were paid zero for their necessary administrative/overhead expenses; a third (34 percent) reported receiving no more than seven percent and fully seven out of ten received reimbursements of ten percent or less for these costs. Studies reveal that the usual range of overhead rates for for-profit companies and nonprofit organizations alike is approximately 25 percent to 35 percent.

Yet, governments have historically treated nonprofit organizations differently, imposing arbitrary restrictions on reimbursement rates that undercut the ability of their partners to succeed on behalf of taxpayers. Why? The most obvious answer is because nonprofits haven’t effectively advocated for fairness. Unrealistic limits on reimbursement of a nonprofit’s legitimate costs undermine its efficiency, effectiveness and ability to perform vital services on behalf of the governments. Worse, current policies on indirect costs force nonprofit employees to spend time raising funds to fill the gaps. So to the question, “who has the time to advocate?” the more relevant question is: “why are nonprofits and their funders spending time and resources subsidizing governments?” How much time must we

divert from our missions to fundraise for the government?

Thanks to the ongoing advocacy efforts of CT Nonprofits and many other organizations, there is the promise of relief for some of the time and money wasting problems that are plaguing nonprofits in the state. Last December, the federal Office of Management and Budget published new Uniform Guidance that will require pass-through entities (typically states and local governments receiving federal funding) and all federal agencies to reimburse nonprofits for their indirect costs. If the nonprofit already has a federally negotiated indirect cost rate, that is what the states and localities must pay. If a negotiated rate does not yet exist, then nonprofits are empowered to request negotiating a rate or elect the default rate of 10 percent of their modified total direct costs. As the National Council of Nonprofits said about the OMB Uniform Guidance when it came out: The new guidance from the federal government means that nonprofits should be able to focus more on their missions and should be under less pressure to raise additional funds to essentially subsidize governments. The benefits are not limited just to nonprofits that provide services on behalf of governments. Charities with no government contracts or grants could see less competition for scarce philanthropic dollars. The OMB Uniform Guidance is a major success story demonstrating the value of nonprofit advocacy. But it would never have happened if nonprofit leaders focused solely on getting the duplicate forms filed and resubmitted, and spent any leftover time planning and engaging in fundraising activities. Many leaders, over many conversations, told their stories to colleagues who recognized shared problems and did what nonprofit people do best – came up with solutions. That is the kind of every-day advocacy that is transforming nonprofits and their communities.

*David L. Thompson is Vice President of Public Policy for the National Council of Nonprofits in Washington, DC. The Council of Nonprofits' recent special report, **Toward Common Sense Contracting: What Taxpayers Deserve** highlights ready-made solutions to problems Connecticut nonprofits are facing. "The ought-to-advocate message is akin to hearing that you need to learn a new language." The new guidance from the federal government means that nonprofits should be able to focus more on their missions and should be under less pressure to raise additional funds to essentially subsidize governments. ♦*

The Accidental Practitioner



By Dale Curry, Ph.D. dcurry@kent.edu

[Editor's Note: We are very excited to launch this NEW column by CYC expert and retiring Kent State University professor, Dale Curry. Dale has received several awards, including the ACYCP Life Achievement Award. According to Professor Emerita Karen VanderVen, "These include the Kent State Graduate Student Senate Doctoral Dissertation award, the Distinguished Leadership Award of ACYCP and a Distinguished Alumni award from the Department of Psychology in Education at the University of Pittsburgh. He is considered by many as the

leading expert on transfer of learning assessment and intervention in human services."
Enjoy!]

Research tells us that one of the most important factors that influence the quality of care and outcomes for children and youth is the quality of the workforce; regardless of practice or program model and across a variety of practice settings. Technology has dramatically changed the world and has impacted child and youth work but our work is still a relational field of practice. It is still us-our relationships that we enter with our young persons and our skilled use of ourselves from moment to moment within the living spaces that we share with them that are paramount. Thus, the importance of self-awareness and intentionality of our relational interactions in context, are crucial.

However, so many of us find our way into this work accidentally. Many of us are "accidental child and youth care workers." Most of us did not meet with a school counselor and decide that we were going to make a career of child and youth care work. Many of us are still uncertain this will be a lifelong career. Some of us are still looking for what we intend to do "when we grow up." And, many of us likely know someone who probably should not still be working with young persons. Our field has not provided a clear pathway of how to planfully enter and make a career of child and youth work. Of course significant resources exist including professional associations such as the Association for Child and Youth Care Practice and credentialing programs such as the North American Child and Youth Care Certification Board. Yet, most of us still arrive in the field accidentally. While most of us have somehow found ways to become competent practitioners, the field must be more strategic regarding the recruitment and development of such an important resource-the child and youth care workforce! What we do is too important to be left to accidental practitioners!

This column will focus on the workforce (us). Topics such as self-awareness, professional development, workforce recruitment, and strategic use of self will be the focus.

So, let's start with thinking about how we entered this work. It's good to re-visit that periodically. Let me tell a bit about my entrance into the field....

After graduating from college I worked a summer job as a pool manager (Clairton Municipal Pool) in my home town. Working as a lifeguard and later the pool manager helped fund my tuition during my first four years of college. I knew that I wanted to continue working with and helping others. But when summer ended I was unemployed for over 3 months and began to lose confidence that I would find a human services job. After several interviews, I secured a job as a psychiatric aide in a large general hospital in Pittsburgh, Pennsylvania. During the orientation process, the children's psychiatric program requested to interview me for a child care worker position. The psychiatric wing of the hospital had an indoor swimming pool and the children's program needed someone with a lifesaving credential. Part of the interview process involved working a shift on the children's unit alongside other child care workers.

I often think back to my early child and youth care colleagues and think about the wide-ranging experiences and talents each brought to their work in areas such as arts and crafts, music and dance, sports, and martial arts. Several were conscientious objectors and "sentenced" to work at the hospital in lieu of serving in the war in Viet Nam. For me, in addition to my home life experiences that unknowingly brought me to the field, it was my knowledge of basketball and swimming. My lifesaving credential helped me get noticed by the program administrator and was perhaps the primary reason I was hired given my first experience.

I arrived at the program for my "interview shift" about the same time as a new admission-an 8-year old boy who came with a canvas bag filled with clothes. My first thoughts centered around the lack of empathy I thought the child care worker displayed who was orienting the new child. I was left alone with the new child for a period of time and I thought I would help the child with his transition to the program by displaying more empathy with the use of some of my newly learned reflective listening skills. After several feelings reflections, I was not prepared for how this young person's feelings intensified to the point where he was chewing on some of his clothes from his canvas bag and beating his head against the locked door that led to the elevator from which he earlier arrived. I remember the feeling of panic as I ran to find someone to help and with a sense of relief eventually found the head nurse who helped the young child regain control.

Though I still think the child could have been more empathetically oriented to the program, I quickly realized then that I had much to learn. I had much to learn about the program and young persons, but also much to learn about myself. Fortunately for me, the program provided many opportunities for learning and my adventures into the field of child and youth care began. I often think about my experiences with the children during those first few years, but also about my wonderfully talented colleagues and what they brought to their work. These persons could have done anything but at least for a period of time chose

to devote themselves to working with young persons.

Enough about me for now. How about you? How out of all the places and possible careers in the world did you come to child and youth care work? Are you an accidental practitioner? What were some of your early experiences that helped you become a competent practitioner? I would love to hear about your entrance into the field. ◇

Now Happening

GETTING THE INTERVIEW: RESUMES, REFERENCES AND COVER LETTERS

WEBINAR WITH MICHAEL MITCHELL, MAT

THURSDAY, SEPTEMBER 20, 2018



Bad News: Resumes, references and cover letters don't get you the job.

Good News: They do get you the INTERVIEW, which is what does get you the job!

In today's child and youth care (CYC) environment, funding, political events or other dynamic changes can find CYC professionals out on the street looking for their next position, with little or no advance notice.

Having an updated and effective resume, is not unlike knowing where your life-preserver is (and how to use it) during a lifeboat drill, or in the event of a real emergency. Hopefully, things won't ever get to this point, but do you really want to take that chance?

But, what if you were offered a promotion, or advancement opportunity with another employer? Would you be prepared on short notice? In competing with dozens of other applicants, would you make the cut and land that all-important job interview?

Either way, we all know that change, like taxes and death, is inevitable. So why not be prepared now? Preparing today can bring so much peace-of-mind later, just when you need it most. This has proven to be a very popular "real-world" training, which everyone can use, regardless of their CYC specialty or organizational position.

**Cost: ACYCP Members-FREE
Non-members-\$5US**

**2-3:30 pm Eastern
1-2:30 pm Central
12-1:30 pm Mountain
11am-12:30 pm Pacific**

[Please register here](#)

Michael Mitchell is the former Program Coordinator of the Youth Job Center (YJC) program of Briarpatch Youth Services, Inc. in Madison, WI. He has 20 years of experience teaching and counseling clients in career development and employment skills mastery. He holds



a master's degree in secondary education and has over 25 years of experience as a for-profit business manager, with domestic and international companies.

Photo Credit (top): rawpixelonUnsplash.com

Now Happening

SHARING IS CARING!



Come and share your ideas, experiences, and opinions with the rest of the ACYCP membership or the entire CYC profession. Don't be shy! We will assist any and all who wish to participate. Copy deadline is the 1st of each month for the *Membership Memo* (ACYCP members only) or the quarterly *CYC Advocate* (general CYC profession).

Tell us about your journey to certification, an event promotion, webinar, agency activities, job openings, new developments in the CYC profession, news in your particular community-of-care, a movie review, share your opinion on some particular CYC topic, or just pass along a juicy bit of information from another source. We especially welcome materials from Canada and other sources internationally.

Our on-line publications have experienced good success because of the many people who support our efforts every month. Please pass this on to your contacts, as contributors don't have to be ACYCP members.◇

For More information Contact:

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SPEAKING OF YOUTH AND CHILDREN...

"Not sure a country that has a history of selling babies away from their parents in slavery, sending native children to 'boarding schools,' [and] separating families in Japanese internment camps gets to clutch its pearls and cry 'this is not who we are.'

It's who we've always been."

---Laura Parrott Perry @lparrottperry

NEED HELP WITH YOUR CYC CERTIFICATION APPLICATION?



Help is HERE! CYCCB offers monthly webinar-based Certification Help. If you need help completing your certification, application, references, documenting your training and experience, finishing your portfolio, or a host of other things, COME TO OUR HELP WEBINAR.



Child and Youth Care
CERTIFICATION BOARD

If you need immediate help, call the CYC Office (979) 764-7306. They can answer most questions and provide you with necessary forms.

If you need more, attend one of our webinars. The webinars will be focused on whatever issues are brought to the session relating to certification completion. If you need more help than can be offered during the hour session, a resource person will be assigned to you who can stay involved until you get your application filed.

Go to this link to sign up. You will receive an email confirming you are signed up. Two to three days before the webinar is held we will contact you with instructions for how to join the webinar.

You will need a computer with high speed internet access. You can either use headphones at your computer or call-in using a phone. Certification staff will be available during the webinar to answer your questions.

If you have questions, please contact us at (979) 764-7306 or CYCoffice@YouthWorkAcademy.org. There is no charge for attending the webinar. Your phone company may charge for the phone call.

Webinars are all scheduled at:

3:30 - 4:30 PM Newfoundland

3:00 - 4:00 PM Atlantic

2:00 - 3:00 PM Eastern

1:00 - 2:00 PM Central

12:00 - 1:00 PM Mountain

11:00 - 12:00 PM Pacific

10:00 - 11:00 PM Alaska

Webinars will be held once-a-month on the following Wednesdays in 2018:

Aug 15 | Sept 12 | Oct 10 | Nov 14 | Dec 12

Thinking Like a Fox

USING WHAT WE KNOW FOR SURE TO KEEP HOPE ALIVE

By Lorraine E. Fox, Ph.D.

[**Editor's Note:** *The following is the keynote address given by Lorraine at the "Nurturing Hope 2018: 3rd CYC World Conference" in California.*]

Let me start with a story.

A couple of years ago I was driving to my Saturday training with Foster Parents and a song popped into my head. I don't think I had heard the song in over 50 years, and to my amazement I was able to remember every word in the song. I sang along and didn't miss a beat. The story is worth telling because I can barely remember what day it is anymore, or what I had for breakfast. And yet here in the recesses of my tired mind were all the words to a song I hadn't heard in half a century and assumed I had long forgotten.



With this in mind, I am newly in touch with a concern I've had for quite a while about professionals in Child and Youth Care thinking they have to know the latest trend, the newest approaches, what we know today that we didn't know yesterday. I'm concerned because many things are true today that were also true decades or even centuries ago. Good parents in the Stone Age were probably similar to good parents today. The earth has been round for a long time.

Good practice does not have to be based on something new. Good practice is good because it's good, not because it's "new". With that in mind I feel compelled to write about not what's new and true, but what's old and true. There are many things (ideas, principles, practices, insights) that anyone reading this article already knows. Just because you already know it doesn't imply that it's no longer valid. I'd like to talk about principles, ideas, "truths" you've learned over the course of your career that are as true today as when you first learned them.

If perchance you've gotten caught up in wanting to know the latest trend in child and youth care, you want to be on the edge of new frontiers of learning, you think "evidence based practice" has to be based on something current, let me entice you back to practice principles that have always been true. I believe "hope" can spring as much from something old as from something new. So you can put your pencils and pads away. No need to take notes. Like a long forgotten song let's review together notions of good practice that have been around since I was a pup in the field. If you have moments of feeling hopeless about the healing power of your work with kids and families it might be because you've forgotten to remember what you already know; remembering can keep kindling the fires of hope in your heart.

Granted, there's a lot new under the sun; but there are some things under the sun that have always been there.

It's not that I don't like new. I'm so old I used to have to get up out of my chair to change the channels on the television. Now I can talk to my remote, which actually listens/obeys better than the kids, and has never once said to me: "What if I don't want to change the channel to NBC".

Kind hearted people have been taking care of other peoples' children for centuries. I'm afraid there are some basic principles of child rearing that we can actually forget in our efforts to sound professional and erudite and on the cusp of the latest. But we have evidence-based practice from the stone-age. We know what children need to be happy and healthy. Abraham Maslow reminded us of the "six basic needs of children" over 50 years ago and those needs are still true.

We can read so many books and go to so many workshops looking for "the latest" that we overlook what has helped children thrive and heal in a multitude of settings in a multitude of countries over a multitude of centuries.

I suggest that we can mix new ideas and what we're learning from new research with what we've always known. Although I have to cover things in an orderly fashion, the points of knowledge I will review are not rank ordered, and all are equally important. I offer 12 points of accumulated wisdom to store in your hope chest: wisdom acquired from studying children and families in and out of child welfare:

[READ MORE...](#)

President's Perspective

By Jody Rhodes, MS, CYC-P

The ACYCP recently held its annual in-person Board of Directors Meeting in Milwaukee, WI in June. 15 board members plus 2 guests attended the meeting and some really great work was accomplished. In addition to the meeting, the ACYCP celebrated the CYCCB's 10th Anniversary and also helped support the joint WACYCP-ACRC *Coming Together: Intentional Collaboration Youth Worker Conference*, which marked the former's 50th Anniversary; a great week of events! Some highlights of the board meeting included:



- 1.) Electing new board members for terms starting Jan 1st 2019
- 2.) Celebrating Professional Certification 10th year Milestone
- 3.) Approving our Journal of Child and Youth Care to go online in partnership with University of Pittsburgh
- 4.) Establish the cycle for Code of Ethics review and updating
- 5.) Having special guest Dennis Felty from FICE-USA update us on the future of FICE representation from USA and Canada
- 6.) Discussion of a possible 2021 joint conference with the Canadian Council
- 7.) Strategic Planning for 2019 and beyond
- 8.) Honoring a few colleagues with Lifetime Achievement Awards, Carol Kelly Newcomer Awards and Presidents Awards



Watch for exciting developments as a result of the actions taken at this meeting!
Have a great summer everyone!◊

Resources In Review

THE IMPACT OF DRUG ADDICTION ON THE FAMILY

Posted by Seamus Callahan in Educational

[Editor's Note: Drug abuse and addiction has become an epidemic in the U.S., with thousands dying from over-doses every year. The impact on families, youth and children is devastating. This article was made available by Liam Callahan liam@solutionsrehab.com and is posted at:



<https://www.solutionsrehab.com/educational/impact-drug-addiction-family/> For more information on Addiction Solutions of South Florida, please go to: <https://www.solutionsrehab.com/>] Photo credit: www.pixabay.com

Drug addiction can create destruction in all areas of your life, as well as the lives of your loved ones. Your family dynamics may be greatly impacted, causing damage that can not be easily repaired. This is because, addiction is a disease that does not only affect the addict themselves, it affects nearly everyone you are in contact with, especially your family and friends.

How is your family affected?

When abusing drugs you do not stop to reflect on your actions, choices or the consequences of them, this causes conflict and trauma in your personal relationships that may not be repairable.

The Time, Energy and Focus of an Addict

Your addiction to drugs has consumed a large portion of your time, energy and focus,

making obtaining drugs and using your top priority. You have kept such a strong focus on obtaining and using drugs that it has left little time to spend with your family and friends. This may leave your loved ones feeling a large variety of emotions towards your drug use; resentment, bitterness, hurt and even jealous. You may notice that you have had increasing numbers of arguments with your loved ones, your relationships are beginning to grow apart because you have been putting drugs ahead of your family.

Financial Stress

Addiction can cause a great financing issue in the lives of the addict themselves, as well as their family members. You have been spending any money you can get your hands on to score more drugs, funding your habit and causing your family to go broke. You can easily spend hundreds, if not thousands of dollars fueling your drug habit in as little as one day or a short binge.

Your addiction to drugs may be so severe that you are no longer able to function in the workplace, causing you to lose your job. This creates a bigger burden on your spouse or partner as they are then required to solely provide and care for the rest of your family, as well as for you.

Far too many families have been faced with the decision of bankruptcy, foreclosure, losing their life's savings, retirement savings and so on due to their loved ones addiction. Your drug addiction is greatly affecting the welfare and well-being of your family on a long term basis.

When Children are Involved

Drug addiction can cause serious emotional damage for your children. Your drug abuse may cause you to become violent, emotionally abuse your children or even sexually abuse them, causing damage that will stay with them for the rest of their lives. Many children of addicts suffer from long term emotional and psychological damage that causes serious affects on their social stability, as well as their education and mental health.

Using drugs has caused your children to lose respect for you as you are no longer reliable, hurting yourself and them. Your home may be lacking structure and rules, causing your child to turn to a life similar to your own as an escape from pain in their reality. With such insecurity your children may even begin to blame your drug use on themselves, causing further mental and emotional damage.

Government studies show that an estimate of 50-80% of child abuse and neglect incidents are a result of the parent (or parents) being involved with drugs or alcohol.

Your Spouse or Partner Suffers too

Your addiction may have lead to spousal or partner abuse; physical and emotional. This can have devastating effects on your relationship. Many intimate relationships suffering through drug addiction can lead to cheating or seeking other forms of satisfaction outside the relationship by the addict, who then justifies their actions. Your loved one may sympathize with you, however this is purely manipulation and excuses on your part to justify your destructive behavior.

An estimated 75% of domestic violence incidents occur as a result of one or more of the individuals involved having used drugs or alcohol

Risking Your Health and the Health of Others

Drugs can impair your judgement, this may cause you to take part in risky sexual behavior which puts you in great risk of contracting sexually transmitted diseases. When you have a partner or spouse back home you are then putting their health at risk of contracting these STD's.

If you use intravenous drugs and needle share you are putting yourself and others at great risk of contracting blood borne diseases that too can transmit to your partner. These diseases that can be contracted through needle sharing can cause you or your loved ones

to becoming very ill, potentially killing them, causing an increasing amount of stress on your family.

The Effects of Your Addiction

The effects of drugs on your family may lead to separation or divorce with your spouse or partner. It can cause an unstable environment for your children, causing emotional and psychological damage. You may suffer serious financing difficulties. Your health may even begin to deteriorate.

The impact of drug addiction is only causing damage in your life and the lives of your loved ones. It is time to seek help and start your recovery, for not only yourself but for your family as well.◇

What About Me?: Self-care When You're Giving Your All

SLEEP AND THE ALZHEIMER'S CONNECTION



[Editor's Note: *This article inaugurates a **NEW** column for the **CYC Advocate**, dedicated to the personal well-being of **CYC** professionals. This article is re-printed with the kind permission of **UW Health*** <https://www.uwhealth.org/> and was first published on-line 06/12/2018. Special thanks go to out to Terrance McNicholas,*

M.DIV, LCSW, PC, of CLARITY COUNSELING, Chicago, IL tsmcnic@aol.com for help in the preparation of this column. Have you read a good article on self-care? Please pass it along to propman46@gmail.com and we'll run it. Remember-sharing IS caring!]

** **University of Wisconsin Hospitals and Clinics***

Can a lack of sleep lead to dementia or Alzheimer's? Despite what some news headlines might suggest, researchers don't really know. But, there are some important things they do know – like why sleep is so critical to our health.

A lot of research in recent years has pulled back the covers, so to speak, on the role sleep plays in our health. Beyond the obvious – it helps restore us and takes away that sense of tiredness that grows the longer we're awake – it also helps in less obvious ways and they are critically important.

Why Sleep is Important

"It helps us with consolidation of memory," says Dr. Steven Barczi, UW Health geriatrician and one of a handful of geriatric sleep physicians in the country. "Certain aspects of sleep help us consolidate certain things from the preceding day. We learn new information, experience new things, we might have emotional events that occur. And the brain has to decide what to do with that."

The brain processes that information in a few different ways – it can disregard it or it can store it. Dr. Barczi uses the example of breakfast – what you ate three weeks ago generally isn't an important piece of information, so the brain will discard that. Unless it was a really memorable meal (or you eat the same thing every day) chances are you can't recall exactly what you had. But if you learn that someone has a baby, or receives a medical diagnosis, or you experience an emotionally charged situation – those events usually imprint on us. They are reinforced through deep or slow wave sleep.

"Sleep has a way of pruning out what's not important and storing or reinforcing the neural networks for more important information," he adds. Sleep also plays an important role in our emotional and physical health. If you experience a bad night of sleep or hardly sleep at all, Dr. Barczi says, you may notice that you're a little more prone to react or perhaps say

things you wouldn't – or shouldn't – normally say. Sleep helps us regulate that.

Similarly, it helps the whole body. People who experience poor sleep may have difficulty regulating their blood pressure, for example.

What Happens When You Don't Get Enough Sleep

For most people, 7 to 8 hours is enough. There are those who may need as little as 6, while others may require 10 to 11 to avoid feeling exhausted and tired all day. If you're feeling tired and fatigued the next day, chances are you're not getting enough, or you're not getting enough quality sleep.

When we experience poor sleep, it could lead to physical factors we may not immediately notice – headaches, feeling foggy, short attention spans or even difficulty remembering things.

A number of things can contribute to poor sleep – and not just having infants and young children. Anxiety, caffeine, medications and sleep disorders like sleep apnea are just a few common ones. Even aging.

"Sleep is a biological rhythm – a circadian rhythm. It tries to maintain regularity and rhythm, including sleep and waking. But as we age, those internal clocks can become desynchronized – and this is important when we start to talk about individuals with health problems, like those with memory illness or dementia," says Barczi.

Because sleep can be disrupted in those with dementia and memory problems, their emotional state can become more labile, or easily altered. And that "sleep debt" can make them more prone to acting out or saying things. They may not be as attentive, and as a result, more prone to falls or accidents. And it can be even more challenging for them to recall information or learn something new.

The Connection Between Sleep and Dementia and Alzheimer's

But back to that original question - what about that connection between lack of sleep and dementia or Alzheimer's?

First a brief clarification – it's important to understand that Alzheimer's and dementia are not the same thing. Dementia is a syndrome - or an umbrella term used to describe a group of symptoms that may lead to problems with different thinking abilities, including memory, Dr. Nathaniel Chin, UW Health geriatrician, explains. Eventually, the thinking problems impact a person's function, or their ability to do routine day-to-day tasks, including driving, cooking, cleaning and managing medications.

"Alzheimer's disease is the number one cause of dementia – causing up to 80 percent of dementia cases," he says. "However, there are other causes of dementia, too, including vascular disease and Parkinson's."

In Alzheimer's disease, an abnormal process occurs in the brain that leads to brain cells dying. That process can lead to memory or thinking problems, because the cells responsible for those brain functions are no longer there to do their job. Because of what's happening in the brain, people with Alzheimer's may experience disrupted sleep. And medications and supplements commonly used in managing Alzheimer's disease may contribute to poor sleep, as well. But at this point, it's not known how much chronic lack of sleep leads to Alzheimer's.

Common side effects of poor sleep – including high blood pressure or depression – can be risk factors for developing Alzheimer's disease, but there are several risk factors - including one we have no control over: age.

"Anyone can develop Alzheimer's disease. There are factors which can increase our risk, including diabetes and obesity, and in late onset Alzheimer's disease – roughly defined as the development of dementia due to Alzheimer's disease after the age of 65 – there is a genetic component that increases a person's risk," says Dr. Chin.

Dr. Chin, who is also a researcher with the Wisconsin Alzheimer's Disease Research Center, adds that there is a gene called APOE and while having APOE4 increases your risk of developing Alzheimer's, it doesn't mean you're guaranteed to develop it.

"Of all the people who have dementia due to Alzheimer's disease, 40 percent have the APOE4 gene, which means the majority do not," he says. In mice studies, APOE has been shown to be involved in the brain's ability to clear out a protein called beta-amyloid during sleep. A build up of beta-amyloid is often present in the brain of those who have Alzheimer's. In studies, those who have the higher-risk gene may not be able to "clean out" the brain of the protein when they experience poor sleep. However, Dr. Chin stresses that more studies are needed before any conclusions can be made.

As for dementia, studies have shown associations between developing dementia and sleeping less than 6 hours or more than 9 each day. But again, these studies did not show sleep issues as causing dementia – only that there was a relationship between the two, Dr. Chin says, "It's also important to remember that the diagnosis of dementia requires marked changes in thinking as well as poorer performance on brain testing. Both of these can be influenced by poor sleep, particularly if the poor sleep is longstanding," he adds. So the takeaway at this point is: the best thing you can do is make sleep a priority, both in terms of quality and quantity – and talk with your primary care provider about your concerns.◇

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Now Happening

FDA APPROVES TRUVADA FOR PrEP FOR YOUTH



by Enid Vázquez

[Editor's Note: This article is re-printed here (with edits) through the kind permission of Rick Guasco and the Test Positive Aware Network (TPAN)

<https://www.tpan.com/> Given the recent uptick in new infections in one section of Milwaukee, WI, it's critical that we not forget that HIV infection is still a real and present danger, with 2 million new cases worldwide every

year. Small concentrated populations of youth, but especially LGBT and youth of color, are at special risk. Keeping children and youth safe through proper prevention protocols is the ethical mandate of every CYC professional.]

It's finally here. On May 15 [2018], the FDA approved Truvada for PrEP in adolescents. Thank you, Adolescent Trials Network for HIV/AIDS Interventions (ATN, for short). They helped demonstrate that Truvada PrEP was safe and well tolerated in young people.

One advantage of official approval: parental permission is no longer needed to get a prescription for the HIV prevention pill. ATN reported that "young males who could potentially benefit from PrEP and other HIV prevention strategies [such as those in the study] may be reluctant to notify their parents because of fears about disclosing their behaviors and sexual orientation."

FDA approval also gives teens access to patient assistance programs.

Although an age range was not provided with the approval, adolescents taking Truvada for PrEP must weigh at least 77 pounds (35 kg). They must test HIV-negative immediately before obtaining a prescription (the same as adults).

Grown-ups, move over.

“The FDA’s decision is a milestone for HIV prevention among youth,” said lead researcher Sybil Hosek, clinical psychologist at the Cook County Health and Hospital System in Chicago, in an ATN press release. “It paves the way for easier adolescent access to a highly efficacious biomedical HIV prevention product that has been approved for adults for the past six years.”

“This approval will allow adolescent minors who may be at risk of HIV to access an effective biomedical prevention medication for the first time,” Bill Kapogiannis, study author and NIH program director for the ATN, said in the release. “The addition of oral PrEP to the HIV prevention toolbox for adolescents was made possible through vital research spearheaded by the ATN and is a landmark achievement for the Network and NICHD in our mission to reduce the numbers of new HIV infections among our nation’s youth.”

Truvada, which is also used for antiviral treatment, was first FDA approved for HIV prevention in 2012. Many medications, including life-saving HIV drugs, are not immediately approved for pediatric use when they come to market. Separate research is usually needed.

According to the CDC, Truvada for PrEP is more than 90% effective in the prevention of HIV. The once-daily pill is incredibly safe for PrEP.

However, because Truvada is known to affect the kidneys and bone mineral density, these side effects were of special concern when studying still-growing adolescents. Dr. Kapogiannis reported that the study did not show any harmful effects on bones, but that there was some evidence of minor losses in bone mass, and studies are in progress to determine the safety of the drug for this group over long periods of time.

One youth was found to have significantly decreased bone mineral density (a greater than 4% decrease) and three others had a mild decrease. The most common side effects seen (in more than 2% of participants) were headache, abdominal pain, and weight loss.

A newer version of Truvada, Descovy, is much gentler on the kidneys and bones. It is being studied for PrEP use.

Dr. Kapogiannis added that the study, also called Project PrEPare, serves as an example for future research seeking to prevent infection among adolescents who are most vulnerable to HIV (such as community statistics, as noted by the FDA).

The HIV prevention pill continues to be recommended for use with other safer sex strategies such as condoms. Nevertheless, it is generally considered effective against HIV even without condoms. In fact, PrEP is recommended for people who can’t or won’t use condoms, among the groups that would most benefit from it, according to the drug label.

According to the FDA, when considering Truvada for HIV PrEP, those who are especially vulnerable to HIV may include those individuals who have a partner living with HIV or who engage in sexual activity within a high prevalence area or social network and have additional risk factors for HIV, such as:

- using condoms inconsistently or not at all
- a diagnosis of sexually transmitted infections (STIs)
- engaging in exchange of sex for commodities (such as money, food, shelter, or drugs)

- illicit drug use or alcohol dependency
- a history of incarceration, or partners who do
- a partner of unknown HIV status having any of the factors listed above

Truvada for PrEP is not the be-all and end-all for HIV prevention. But it's probably the greatest protection against the virus to date. HIV experts consider PrEP vital to ending the epidemic.

The NIH reported that, "HIV infection did not occur among participants who had sufficiently high blood levels of Truvada, indicating that the drug combination could be used safely by adolescents and would likely prevent HIV infection."

Study ATN113 enrolled 67 young gay and other men who have sex with men, ages 15 to 18. Side effects seen were the same as those in adults (mostly mild and temporary nausea).

After 12 weeks, there was an overall drop in taking the medicine correctly. This was after study visits were changed from monthly to quarterly, "suggesting that adolescents may benefit from more frequent visits and counseling." The study took place over 48 weeks and is ongoing.

Adherence to taking biological methods of HIV prevention has been a problem in other studies as well, including other PrEP trials.

Three youths who became HIV-positive during the study were found to have not taken their medication or taken it incorrectly (in other words, they were not adherent). The three had no drug resistance to either of the two medications found in Truvada.

In a press release from Truvada maker Gilead Sciences, Matthew Rose, Policy and Advocacy Manager at NMAC, a Washington, D.C.-based HIV treatment advocacy group, said, "We must make use of all available options when considering HIV prevention strategies, and we welcome the development that Truvada for PrEP is now available for younger people who are at risk of HIV. We will continue to build awareness and understanding of the role of Truvada for PrEP as part of a comprehensive HIV prevention plan for all who may benefit from it, particularly among communities disproportionately impacted by the disease, including young Black and Latino men in the United States."

Read more about Truvada for PrEP in the 2018 Positively Aware HIV Drug Guide, March+April. Go to positivelyaware.com/drug-guides/truvada-prep. ◇

Oh Canada!

**By Melanie Fournier-
Canadian Representative, ACYCP
President, Quebec Association of Education**

Summer in Canada has finally arrived in all its glory. Swapping boots for sandals and tuques for baseball caps is an annual right of passage that most Canadians appreciate. For many, these summer months are usually a time where Youth Care workers get a chance to slow down the pace, re-evaluate their programs and connect with youth outdoors.



I would like to take this opportunity to congratulate the Province of British Columbia for hosting a very successful 3 day International Conference in Richmond, BC [see **ACYCP Sponsors Attendees At Conference**, immediately below] this past May 2018. Thank you to all our American friends who attended the conference!

Here is some upcoming information you might want to keep in mind if you are planning a

trip to Canada in the next few months:

Manitoba: CYCWAM is hosting a presentation/training with Thom Garfat and Andy Leggit called "The other side of Behaviour" in September 2018. This training will be held at the Red River College and will be available to students of the CYC program at no cost.

Newfoundland: The beautiful town of Gander will be hosting a Provincial Conference in September. "Helpers in Healing" with Keynote from Mark Freado. Gander is home to some of the friendliest people in the country. The small town of Gander will be honoured to have southern friends visit and attend their Youth Care Conference. More information will be posted throughout the summer on their website. <https://cycanl.ca/helpers-in-healing-conference-information/> Freado, MA in Counseling and MA in Forensic Psychology, is Director of Growing Edge Training, Westerville, Ohio. He has a forty-year career in mental health, education, social services, program development, leadership, and training. He served in direct care and executive roles with Pressley Ridge and as director of the American Re-ED Association. For over 20 years he has been a key leader in developing the reclaiming youth movement including serving as Director of the International Training Network for CF Learning, a program of Cal Farley's in Amarillo, Texas. He and J. C. Chambers co-authored The Art of Kid Whispering: Reaching the Inside Kid. He is also co-developer of Planning Restorative Outcomes, a strength-based assessment model and serves as an expert witness in juvenile justice hearings. Through Growing Edge Training, LLC, Mark Freado and his associates provide training and consultation services to an international array of public and private organizations in the fields of mental health, education, juvenile justice, and social services.



I am hoping you would consider attending these events as we always warmly welcome our southern neighbors. Until next time, I wish you all the best.◇

Spotlight on Membership Benefits

ACYCP SPONSORS CYC PROFESSIONALS AT 2018 CANADIAN INTERNATIONAL CONFERENCE: TWO PERSPECTIVES

[Editor's Note: The ACYCP Board of Directors recently approved the sponsoring of six ACYCP members to the Educator's Day at the "Transitions & Transformation" International Conference in May 2018, in Richmond, British Columbia, Canada, through its Scholarships and Awards Committee. Here are just two of the participants' reflections on what the experience meant to them as newly immersing CYC professionals.]]

Alex Palmer

I had the privilege of taking part in the 2018 Child and Youth Care International Conference this year in Richmond, BC. It was an opportunity to connect with professionals, students, teachers and other influential members of the Child and Youth Care community. It was really insightful to hear the different perspectives around the key concepts that are presently in our field including how to be more diverse and inclusive in our practice, how to work as trauma informed practitioners, and understanding how culture impacts our practice. The speakers who presented on their unique topics were well informed and

provided more knowledge for what is happening in this field and also what areas I can look forward to working in as a future grad in 2019. I am thankful to the Association of Child and Youth Care Practice (ACYCP) for the sponsorship for education day and hope to be able to attend the full conference in the future. If anyone has the opportunity to attend a future conference I highly recommend it as it is an opportunity for the members of the field to join together to discuss future developments and share in knowledge with one another.



I am a 4th year in the Child and Youth Care degree at the University of the Fraser Valley [just east of Vancouver, British Columbia, Canada]. I live in the Fraser Valley and enjoy going on hikes and going for a walk with my dog. I am looking forward to being a graduate and to furthering my studies one day down the road. ♦

Sasha Vandekerkhove

It was a privilege being able to attend the 2018 Child and Youth Care Education Day. I am grateful that my attendance was sponsored by ACYCP; it was an awesome opportunity to connect with like-minded individuals. As a 3rd year CYC student, it was a nice way to meet practitioners and join in conversations that revolved around improving education for upcoming students in the field, and providing continuing education for those already practicing in the field. It was a great networking opportunity; I was fortunate to meet and chat with seasoned educators as well as working practitioners. The insight of their experiences lent a different perspective to one that would be offered in a classroom; the learning that was had at this conference was personalized by hearing first hand experiences, which offered a different learning tool than the theoretical framework that is provided in a university setting.

I really valued how the floor was open to current CYC students to present their thoughts on what needs to change in the curriculum, especially when it comes to educating students who have experience living as a child in the system. To allow space for student voices to be heard is a major aspect that can add growth of knowledge to the learning milieu, and the needs of students entering this field. The Child and Youth Care field fosters empathy and understanding and this is an example of that; opening the floor to students to present on their needs and what would benefit to change in the education of CYC practice in order to further support students.

There were many voices of people who had experienced one form of discrimination, whether through living as a minority, a product of the system, or simply being born to a certain culture at the wrong time in history. These presentations represented the practitioners in this field. I believe, myself included, that people who have chosen this career have been subject to some form of discrimination or subordination to some degree, which has fueled the desire and drive to help advocate for children and youth who are facing some form of adversity. Without the lived knowledge of surviving pain, surviving addiction or surviving unjust conviction, practitioners would not be able to hang in and meet their client where they are at. The impact that these voices, from presenters or those at the round table cafe discussions, gave insight that no matter what kind of privilege we may have been given or denied- it was privilege or lack thereof that has driven practitioners to fight for what is right for the future generation of children and youth through non-judgmental, relational and strength based practices. We learn through community and communication and this is what this education day provided; a platform to express students' as well as educators' desire to improve their ability to help by voicing the changes that need to be made and having a safe place to discuss those desires. ♦

Left to Right: Sasha Vandekerkhove, Jody Rhodes, Alex Palmer, Chatal Costello



NEW FICE REP REFLECTS ON FIRST INTERNATIONAL MEETING

ACYCP is a member of FICE USA which connects us to FICE International.



What is FICE International you ask? It's the same thing I asked as I had the good fortune to represent the USA at the 70th Anniversary of FICE International meeting in Switzerland.

It was amazing to sit in room with representatives from 32 different countries, all focused on improving the lives and services of young people. It is a network that allows each country to exchange knowledge, experience and good practices, to join forces in project activities, to come up with innovative solutions to common problems, to set higher goals and to achieve changes for the better of vulnerable children around the world.



Janet Wakefield



Dennis Felty

Here is the information that I presented from the FICE USA [see below]. Even though we are one of the leaders of the free world, our data on young people echo the same as young people in less resourced countries.

So what is FICE International? It is this awesome network of youth professionals who support each other and offer innovative solutions to some of the toughest issues facing our young people today. I am grateful to have had this opportunity; and encourage you become a member of FICE International and know our ACYCP dues to this organization are

-serving us well.

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Child and Youth Care Professional (CYC-P) Competencies



CYC-P Credentials are Recognized
in 13 US States &
3 Canadian Provinces

Child and Youth Care Certification
Board – www.cycpcb.org

Association of Child and Youth Care
Practice USA and Canada –
www.acycp.org



March for Our Lives March 24, 2018

- 800 Locations
- Millions of People
- Largest 1 day protest in the history of DC led by young people
- www.marchforourlives.com



Youth Homelessness

Youth homelessness is on the rise in the United States, and the numbers aren't pretty. One in 30 kids (nearly 2.5 million children) of K-12 school age are now homeless in the US, according to a study by the National Center on Family Homelessness.

www.1800runaway.org

Immigration

The population of first- and second-generation immigrant children in the United States grew by 51 percent between 1995 and 2014, to 18.7 million, or one-quarter of all U.S. children.

www.childtrends.com

Opioid Epidemic

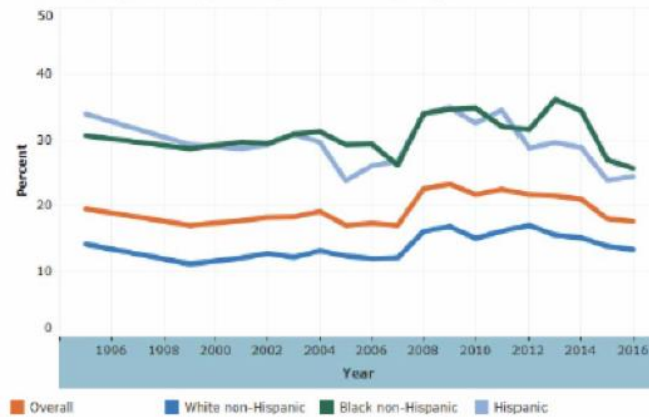
- www.hcl.com
- www.acf.hhs.gov/ch

Food Insecurity

1 in 5 young people do not know where their next meal will come from.

This holiday season, millions of children will be at risk of going hungry

Percentage of children (aged 0-17) living in food-insecure households, overall and by race/Hispanic origin: Selected years, 1995-2016



Note: Children are considered to be in a food-insecure household if either the adults or children in the household were food insecure. Source: Data for 1995, 1998, 2001-2012: Federal Interagency Forum on Child and Family Statistics. (2012). *America's children: Key national indicators of well-being, 2012* (Table EC0A3). Washington, DC: Author. Retrieved from <https://www.childstats.gov/americanchildren/subiles/ec0a3.asp> Data for 2013-2016: Coleman-Jensen, A., Rabbitt, M., Gregory, C., & Singh, A. (2014-2017). *Statistical supplement to household food security in the United States in [various years]* (Table S-3). Washington, DC: United States Department of Agriculture, Economic Research Service. Retrieved from <https://www.ers.usda.gov/webdocs/publications/ep072/ep-072.pdf>



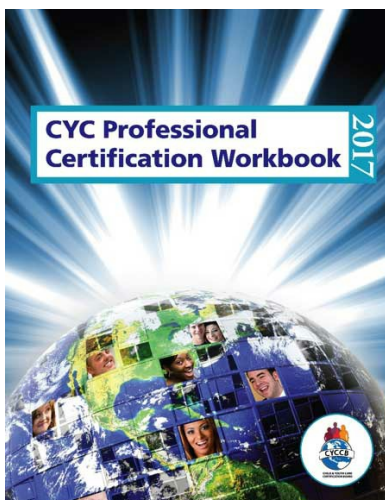
OPIOID EPIDEMIC STATISTICS

- \$55,000,000,000** Related to opioid abuse costs per year, equal to Disney's Annual Revenue
- 650,000** opioid prescriptions are dispensed everyday
- 90,000+** People died from opioids in the past 3 years. 33,652 soldiers died in the 3 year Korean War.
- 1,000** People die from heroin every month
- 24** years old is the average age of a first time user, younger than the average college graduate
- 25 Minutes** Every a baby is born suffering from an opioid withdrawal. This is commonly known as NAS, Neonatal Abstinence Syndrome.

Nearly 1/3 of children entering foster care do so in part because of parental drug abuse.

Year	Percentage
2005	22%
2015	32%

CYC PROFESSIONAL CERTIFICATION WORKBOOK PUBLISHED



CYCCB is pleased to announce that the long awaited *CYC Professional Certification Workbook* is now available. The workbook is designed to help child and youth work practitioners prepare and apply for professional certification (CYC-P) offered by the Child & Youth Care Certification Board.

It provides a wealth of information in an easy-to-use format. It includes information on the history of the CYC certification effort, characteristics of certified practitioners, the testing and application process, forms, costs, and sources for a wide variety of articles, publications, and professional development supports useful to CYC practitioners working in any setting. The sections on test preparation and the professional portfolio offer sample

exam questions and portfolio responses. Information about the Entry, Associate, and Professional level certifications is included.

The workbook is in response to the need for a one-stop source of information that addresses applicant questions and needs. Whether you are preparing for testing, completing an application, or simply exploring how to improve your CYC knowledge and skills, this workbook is designed for you. The workbook is constructed with tabbed sections to make it easy to find answers for whatever certification related questions you might have.

The workbook is available from CYCCB for \$30 (which includes shipping costs).

[Order a manual at this LINK](#)

Now Happening

YOUR FUTURE IS BRIGHT WITH ACYCP

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Contact Membership Services Chair, Michael Mitchell, at propman46@gmail.com, or call him in Madison, WI at (608)846-2860.◇

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From the Soapbox

By Karen VanderVen, Ph.D., Professor Emerita, U. of Pittsburgh

Quite some time ago, anticipating a deadline for another *Soapbox*, I knew what I was going to write about and started the piece. Not surprisingly at all it would concern the separation of children from parents, who were trying to immigrate to the United States. Of course we all have been completely appalled at this blatant cruelty. I hadn't been hearing much from the field about this...at the time.



So what the *Soapbox* was going to be about was to point out that certainly we in child and youth work should be at the forefront of advocacy efforts vehemently protesting and have a plan for immediately and incisively intervening in any practices that violate the well-being of children and families.

However, as the days went by since I initially started to write this, evidence has emerged of different actions undertaken by members of the greater child and youth care community. There have been letter writings and protest gatherings. There was an on-line discussion about what if anything the field was doing about the situation. Reports emerged and to tell the truth, comprised much more than I, in my 'maturity', have been able to do. I have checked some of these efforts out and have been gratified to see what advocacy education and actions we already have in place. Some examples follow.

Advocacy is one of the Professionalism competencies in the seminal *Competencies for Professional Child and Youth Work Practice issued in 2010* – "significance of advocacy and an array of competency strategies". The *CYC Professional Certification program in Child and Youth Care* which address the competencies has a complete unit on advocacy to help the applicant meet the objective "Demonstrate knowledge and skills in the use of advocacy". The content includes a definition, names specific advocacy activities to be performed, and offers a section on advocacy resources. The textbook *Foundations of Child and Youth Care* by Carol Stuart (2009) describes well-known advocacy programs, youth roles in advocacy and mindsets and skills needed for advocacy. Strengths in current child and youth work include a growing global capacity of membership in advocacy groups and publications. This includes the continuation of FICE (the International Federation of Educative Communities) in the United States, and individual practitioners well-known for their international connections and contributions and authors is one; there are numerous others. So the awareness and capacity is there.

But– at this point it seems our current awareness, acknowledgement of the role of advocacy in the field, and various actions here and there – promising as they are – may not be enough for what we have the capacity to do, the knowledge to do, the people to do; what we are all about, and what we should be prepared to do for any action that threatens the well-being of today's children, youth and family. We need to recognize that we now have the knowledge base and structures to take comprehensive and incisive action but that we must activate and 'put out there' so to speak.

Over the years, I have recommended actions for our field to take in order to develop much greater recognition for what it stands for and what it can do. I have tried to define what real professionalization of a field means (why it is important to be a full profession, what we need in order to get there so that we will be recognized as a significant 'voice'. So that's what this is all about. What might we need to do so that at each and every threat to the well-being of children and people of all age and category groups as a matter of fact, we are at the forefront of taking action and having a systemic approach already in place?

I would suggest that we focus on the field of advocacy in a concerted and extended way and make it a priority in a planned initiative in ongoing attempts to develop child and youth work as a profession. As I've "Soapboxed" before our developing the connections to other domains doing the same kind of work with a different populations into a profession covering the human life course, is one need. People will ask, "Why professionalize?" Full professions such as medicine have louder voices and wider networks in which they can speak out. Now we need a platform, a reasoned, and widely known approach so that when people are mistreated we can immediately put in place initiatives targeted at multiple systems that will prevent further escalation.

As well as continuing the professionalization effort, I offer some suggestions for increasing our capacity as advocates, just to build on the precedents we already have:

- Our own aptly titled and compelling publication, the Child and Youth Care Advocate, of course gets the word out. I might ask – are we sending this to everybody we might? Politicians, policy makers and the like? Members of all 'domains' of practice?
- ACYCP could appoint an Advocacy committee (if it hasn't already) and provide a forum to help build it and provide resources it might need. A research group might develop a framework for information gathering and develop a report which later could become a position paper by ACYCP.
- Prepare the previously mentioned position paper and disseminate it widely to multiple audience groups. This would give them a tangible frame of reference to initiate and carry out advocacy efforts as the need comes up (And it will).
- A conference specifically on advocacy could be developed with a charge to identify specifically the knowledge base and strategies necessary to proactively and effectively respond to issues requiring advocacy.
- Focused publications on advocacy in child and youth work. These could describe successful advocacy efforts, the knowledge and skill base needed for advocacy.
- Propose and develop a multilevel course and applied internship sequence; and specialization, on advocacy to be integrated into child and youth care preparation programs at all levels.
- Encourage child and youth worker employment in child, youth and family advocacy groups.
- Prepare a compendium of child advocacy programs already in place to serve as an expanded information source.
- Stick to it. I have seen many efforts that get a very slow start come to succeed with continued persistence. Let's seize the opportunity to be sure the world hears our

References

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Resources In Review

Carefully Designed Internships Create Benefits



By Michael Mitchell, MAT

[CYC Advocate Editor's Note: *The following article is re-printed (with edits) by permission from [This Week In Juvenile Justice, February 7, 2018](#) www.jjje.org Phot credit: rawpixel on Unsplash.com]*

While we often hear about the challenges in every area of juvenile justice, how often do we hear about the rewards? Perhaps nowhere within "the system" can we find a greater win-win situation for everyone involved than in internship opportunities for post-secondary students.

Internships offer exceptional rewards for employers, students and instructors alike, whether in conjunction with two-year or four-year institutions, undergrad or graduate levels. Done correctly, the internship experience benefits and enriches both individuals and the respective professions alike. While this series will focus on internships in the juvenile justice field, there are takeaways that could be applicable to many other social services venues.

What's in a name?

To start with, it's important to understand what an internship is and is not. This type of internship is unique. And, whether in governmental or community-based settings, it has universal characteristics that dictate the inputs, structure and outcomes necessary for success.

Perhaps most importantly, internships are not "free labor." While both internships and volunteer positions are unpaid, the former should be considered a practicum, where classroom education meets real-world application. While volunteers may seek a similar type of experience, they are bound by the agency's expectations. Interns bring their own expectations, and internships demand specific inputs to achieve tangible outcomes. Likewise, post-secondary interns are not temps, LTEs (limited-term employees) or on-the-job trainees, although internships can be a gateway to that all-important first-job experience upon graduation.

It takes 3 to tango

To begin with, employers, students and instructors each need to be accurately informed about their respective responsibilities and benefits. Each also needs to be clear as to their anticipated commitments, respective activities and realized outcomes. This enables each person to structure their time commitments and articulate their expectations. Once this is established, they can talk and devise a master plan, which leads to mutual accommodation and support.

Taken in its totality, this master plan should produce a rich and fulfilling experience for all involved. It is mandatory to remember that there is no hierarchy in this arrangement. All participants are equally obligated and equally benefit as part of their participation. Executed properly, a well-planned internship will result in innovative activities, creative learning and sustained quality over time.

This is, of course, the ideal. In reality, stakeholders may or may not faithfully fulfill their necessary functions, resulting in lost opportunities, misunderstandings and even friction. A mutual knowledge of each party's function enables a counterpart to step into the breach, if necessary, and shore up the support system.

While there are individual responsibilities, which will be detailed shortly, there are also commonalities that apply to all concerned. This is where a strong structure can weather the tempests of unintended human failings, which will arise from time to time, yet need not be

taken to the crisis level.

Drawing from the collective toolbox

Yes, it takes time and resources to properly structure and execute a quality internship, but today's investment will reap years of rewarding and satisfying dividends. Taking shortcuts, on the other hand, will only rob everyone of the full rewards from their respective investments. Shortcuts may also doom the long-term viability of the program.

Perhaps no tool is more important than quality communications, both verbal and written. Clear and timely interface is paramount and indispensable. Try not to be a media snob. If your counterpart prefers emails over text or vice versa, there may be a legitimate reason for this, so be accommodating wherever possible. Make it a rule to return communications within 24 hours, with complete and accurate details.

Structure regularly scheduled check-ins into the program, primarily face-to-face. Anticipate deadlines and potential schedule conflicts (holiday breaks, final exams, personal obligations), and then give counterparts reminders well in advance. This type of cross-support helps build cordial relationships. Never adopt an attitude of "it's not my job/role."

Put summaries of meetings and discussions in writing, sharing them in a timely manner. This avoids later misinterpretations and misunderstandings resulting from "he said, she said" memory lapses. Specific types of written programmatic documentation will be detailed later in this series.

Accommodate, don't dictate

Each party knows its own specific role best, which is both good and bad. A strong knowledge base about one's own needs and contributions is essential. But combined with an insular mentality, this can lead to inflexibility and tunnel vision, which often results in baseless assumptions.

Developing a true collaborative mentality takes flexibility, innovation and accommodation. It may necessitate unusual or even exceptional policy or procedural modifications. Distinguish needs from wants, and even then don't use needs as "make-or-break" bargaining chips. Practice looking at the internship collectively from the other partners' perspectives. Seek the win-win solution over individual or organizational dominance. When in doubt, ask questions.

What's in it for me?

Are internships really worth the time and effort? Doing a rudimentary cost-benefit analysis will quickly provide a resounding- YES!.

Lowering the acquisition cost for new employees has been a driving factor behind the recent explosion in the temp-to-hire labor market. Yet this channel can still be costly and provides no guarantees for reducing turnover. Establishing an in-house vetting process through internships is a smart way to recruit, develop and place entry-level employees. It's a proven way to acculturate potential candidates to an employer's particular policies and procedures. It may even reduce the cost of in-house training.

Community goodwill might also see an uptick. Mentoring opportunities for supervisors provide a rewarding qualitative experience in an otherwise demanding and stressful profession. Adding younger staff may help agencies bridge the generational divide when trying to effectively connect with challenged youth.

Students would be wise to seek out courses that offer internships. Yes, it's extra work, but there are numerous short- and long-term benefits. Being able to access real-world lab experiences will enrich classroom participation and discussion, plus multiply the learning retention many times.

Getting that first entry-level job upon graduation can be a real challenge, glowing grade-point averages and snappy resumes notwithstanding. According to Katharine Hansen, Ph.D., "A staggering 95 percent of employers said candidate experience is a factor in hiring

decisions.”¹

Strong professional references, the ability to knowledgeably use professional terminology and jargon, and an insider’s savvy on the specializations and dynamics within the juvenile justice system will make future job-hunting far more efficient, productive and rewarding. “Employers reported that nearly 36 percent of the new college graduates they hired ... came from their own internship programs,” Hansen wrote². If this trend continues at its current pace, it will not be long before the majority of employers demand this kind of qualification in their new hires.

Instructors who incorporate internships into their curriculum will not only enrich the educational experience, but may well boost course enrollments. At a time when the cost of higher education and student tuition debt is being assailed from all sides, regents and department chairs are closely scrutinizing budgets, using enrollment numbers, drop-out and graduation rates, plus graduate job-placement stats, as justifications for course retention or termination.

Recently the University of Wisconsin-Superior cut 25 courses from their 2018 offerings. Although no faculty were laid off, and cost-savings were not the primary goal of the cuts, “Programs were targeted for suspension based on low enrollment and poor completion rates, [said an official] ... citing the university’s desire to streamline its offerings in an effort to reduce dropouts and get more students to graduate in a timely fashion.” Although adding internships may not avoid these kinds of cuts, they are a good investment that enhance the qualitative and quantitative stature of any syllabus.

May the synergy be with you

Properly structured and executed, post-secondary student internships can create and sustain qualitative and quantitative benefits for all participants. Approaching internships as an essential, not auxiliary, endeavor heralds a paradigm shift for the juvenile system and post-secondary education alike. With the proper attitude, flexibility and commitment, structuring an internship can be tailor-made to the particular needs of each party. The nuts and bolts of structuring internships will be covered in the next installment in this series. ♦

1 “College Students: You Simply Must Do an Internship (Better Yet: Multiple Internships)! Katharine Hansen, Ph.D., p.1 <https://www.livecareer.com/quintessential/internship-importance>

2 Ibid



Michael Mitchell has worked with more than 30 post-secondary interns from four-year, two-year, and graduate institutions, working with juvenile court-supervised, at-risk, special-education teens, plus adolescents with clinical mental health issues. He is the first vice-president, online publications editor and membership services chair for the Association for Child and Youth Care Practice. Write to him at propman46@gmail.com He wishes to acknowledge his sincere gratitude to Program Director Jay Kiefer and Director of Finance Shannon Algrem, both

with Briarpatch Youth Services of Madison, Wisconsin <http://www.youthsos.org/> for their indispensable assistance in the preparation of this series. Briarpatch Youth Service was awarded the 2018 WACYCP Agency/Program of the Year.]

**AWARDS AND RECOGNITIONS ABOUND AT
2018 ANNUAL ACYCP BOARD MEETING**

By Janet Wakefield and Michael Mitchell

The ACYCP Board of Directors awarded two Hoosier [Indiana] youth workers the **Lifetime Achievement Award** and two new professional youth workers the **Carol Kelly Newcomers' Award**.



Ryan Simms



James Boyd, Pam Clark
and Jan Smither

Lifetime Achievement Award

This prestigious award is conferred on youth workers, who have made sustained contributions to the young people and the youth work profession. Child and youth care pioneer, Mark Kruger, Ph.D., was in charge of giving the Life Achievement Award since the early 1970s. It is not given every year and is considered to be very special to the field. It was designed to call special attention to CYC leaders who have been exceptional among their peers, in the development of the field of child and youth care work. This award is a salute and standing ovation for individuals who have always being there for the child and youth care profession. In the earliest days, the award was given to three pioneers who founded the field Dr. Albert Trieschman, Dr. Henry Maier, and Dr. Karen Vander Ven.

James Boyd from Indianapolis, Indiana is a "Master Youth Worker." He retired as the Education, Youth Development and Project Ready Program Director for the Indianapolis Urban League and has continued to serve on the leadership team for the National Urban League Annual Youth Leadership Summit, even after retirement. In addition, he now serves as Co-Director of the Rebecca's Garden of Hope Tutoring and Mentoring at the Evangelical Lutheran Church. James is one of those persons that young people are drawn to and relationships last a lifetime with him. Two strong beliefs of his are "it takes a village to raise a child" and "our children – our destiny."

Pam Clark from Columbus, Indiana has been an advocate for the field of youth development for over 43 years. Pam has worked in home-based services, mental health, youth advocacy, youth recreation and juvenile justice. She has served as a leader in juvenile justice work on the national level, through the National Juvenile Detention Association. Pam co-authored: [Researching the Referral Stage of Youth Mentoring in Six Juvenile Justice Settings](#) and a [Desktop Guide to Quality Practice in Confinement Facilities Serving Youth](#). Pam currently sits on the Child and Youth Care Certification Board of Directors and has been the premier advocate for the Child and Youth Care credential in the state of Indiana.

Andy Schneider-Munoz, Ph.D. "is [now] a consultant for the National Court Appointed Special Advocate Association (CASA), where he lead the performance measures initiative and evidence-based evaluation for guardian ad litem in more than 950 communities across the country with 75,000 volunteers serving one-quarter million vulnerable children and youth. He is Co-Editor of the upcoming three volume book series, *Adolescent Psychology in Today's World: Global Perspectives on Risks, Relationships, and Development*, which features innovative strength-based development in 40 countries. His work on after-school activities and mentoring, evidence-based wrap around models, learning in community-based organizations, comprehensive health promotion, family engagement,



civic education, and global leadership is recognized in programs in more than 140 cities on five continents. A Harvard-trained child psychologist and anthropologist, he leads strategic youth development initiatives to reduce risk and promote resilience at the global, national, state and community levels. The Past President of the Association for Child and Youth Care Practice and Editor the Journal of Child and Youth Care, contributed to the pioneering effort to develop youth worker certification and currently serves on the Boards of the Council On Accreditation (COA) and on the American Camp Association (ACA)."

Carol Kelly Newcomers' Award

"The Carol Kelly Newcomers' Award is awarded to young professionals for their early achievements and contributions to young people and the profession of youth work "Carol S. Kelly, a professor emeritus at California State University, Northridge's [CSUN] Department of Child and Adolescent Development (CADV), passed away on Feb. 17 [2017] following a brief illness. Kelly brought CSUN its first Peace Expo in 1989, laid the foundation for what the CADV department is today, re-established the CADV department's alumni chapter in 2005 and established the Carol S. Kelly Endowment Scholarship in 2006. She also received numerous awards: the CSUN Alumni Association's Dean Ed Peckham Award in 2009, the Don Dorsey Excellence in Mentoring Award in 2014 and the Lifetime Professional Achievement Award from the Association for Child and Youth Care Practice in 2016."

Ryan Sims is the Horticultural and Outdoor Director at the Finish Line Boys and Girls Club in Indianapolis, Indiana. Ryan's passions are contagious with the young people he serves. His love of nature and the outdoors has led to development of programs in this area for young people. His valuing of community and importance of active participation in your community, led him to develop programs where young people get a chance to imagine what might be possible in their communities. . Ryan loves exposing young people to new experiences; leading over-night and out-of-state trips to universities and other educational venues. Ryan is a Child and Youth Care credentialed youth worker, and was selected as a Journey Fellowship for New Professionals recipient in 2017.

Jan Smither is the Children's Case Manager at Sheltering Wings in Danville, Indiana. Jan has a tough job overseeing the physical, emotional and social well-being of children in the shelter. She is responsible for accessing community resources for the families and creates the safety planning. Jan and a co-worker created Mentor Training for the mentors involved in her program. Jan goes the extra mile for her kids. Jan is a member of the Hendricks County Coalition Against Domestic Violence, where she is in charge of the Children's Advocacy Committee. Jan is a Child and Youth Care credentialed youth worker and was selected as a Journey Fellowship for New Professionals in 2018.

ACYCP Presidents Award

This award is given at the discretion of the incumbent ACYCP president, on a periodic basis, to recognize the contribution of select individuals, who have made special contributions to ACYCP and/or the child and youth care profession.

Frank Eckles, BA, CYC-P "Frank splits his time between his role as Board Member of the international Child and Youth Care Certification Board (CYCCB) and facilitating growth for the hundreds of CYCs who engage in learning programs offered by the Academy for Competent Youth Work (a founding member of SMARTsource). Frank is the Academy's Executive Director, author of the *Child and Youth Care: Foundations Course*, co-author of the *Youth Thrive™: Protective and Promotive Factors for Healthy Development and Well-Being* training, and co-editor of the new *Families Thrive™* curriculum. Frank is the recipient of the National Staff Development and Training Association's 2013 Career Achievement Award. In 2009 he received the Outstanding Achievement Award from the Academy of Child and Youth Care Professionals. In 2006 he received the President's Award for "special achievement in the field of child and youth care" from the Association for Child and Youth Care Practice (ACYCP)." Frank's long and stellar career dates back to the early 1970's.



Dennis Felty "has been in a leadership role of the community mental health and intellectual disability movement since 1968. He was a co-founder of Keystone Human Services in 1972 and served as its President until November 2016. Dennis will continue in his role as Founding President until October 2018. Over the past 45 years, Dennis' vision and leadership has been instrumental in developing Keystone into a family of non-profit organizations that is committed to helping people with disabilities become valued and contributing members of the community. In addition to his work at Keystone, Dennis has also served as President of the Commonwealth Institute, the Pennsylvania Association of Community Residential Programs, and the Pennsylvania CASSP Institute. He is the Past President of the Pennsylvania Association of Rehabilitation Facilities, as well as Past President and co-founder of Open Stage of Harrisburg."



Dale Curry, Ph.D.

[Editor's Note: *The following is taken from Dale's Life Achievement Award nomination statement, written by Karen Vander Ven and Frank Eckles.*]

"Dr. Dale Curry Ph.D., is currently [retiring] as Professor of Human Development and Family Studies, in the School of Lifespan Development and Educational Sciences, and Director of the International Institute for Human Service Workforce Research and Development, at Kent State University in Ohio. Dale moved to Ohio, where he began to distinguish himself as a designer and deliverer of training. He served as Training Coordinator for Summit County Children's Services in Akron, Ohio. He earned a Master of Public Administration degree and a doctoral degree from Kent State University, where he ultimately joined the faculty. He is a licensed social worker and a CYCCB certified child and youth care worker. His work led him to be named the Editor of Training and Development in Human Services: The Journal of the National Staff Development and Training Association. He serves as Co-Editor of the ACYCP Journal of Child and Youth Care Work. He has been widely recognized through a number of awards including the Kent State Graduate Student Senate Doctoral Dissertation award, the Distinguished Leadership Award of ACYCP and a Distinguished Alumni award from the Department of Psychology in Education at the University of Pittsburgh. He is considered by many as the leading expert on transfer of learning assessment and intervention in human services."◇



MOVING? CHANGE OF JOB? GOT A PROMOTION?...

Well, we wish you all the best of success! But don't forget to take us along! Who knows, your ACYCP membership benefits and resources may come in real handy in your new situation. Or does your current email not permit personal or outside messages? Just get us your new email contact and any other membership data updates. So put us on your calendar or to-do list to make sure our contact remains unbroken. Just shoot off a quick easy email to acycp2011@yahoo.com with all your relevant changes, and we'll take care of the rest. We're soooo confident you'll be glad you did!

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CYC agencies and organizations may email the general email address at: acycp2011@yahoo.com and send their logo and web link, along with the name and contact information of a designated representative. Please put "Invitation To Link-ACYCP" in the subject line. We look forward to welcoming you to our communications and resource network!

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